



What To Bring to the Women's Retreat*

- Comfortable clothing, bathing suit, hiking shoes if you want to spend time on the trails
- Your Bible, pen and a notebook (electronic or otherwise)
- Beautiful jewelry made by rescued victims of Destiny Rescue and copies of "Just Women" Bible Study will be available to purchase if you want to bring some spending money
- An item from the Turning Point Domestic Violence Services list (*see next page*)
- A monetary gift from you and/or your church for the Disciples Women's 145th Birthday Party
- Your church's Blessing Box check

**Suggested List*

We look forward to seeing you in August.

If you have questions, please feel free to email Linda Brown at

choirmomehs@yahoo.com

Turning Point Domestic Violence Shelter Needs List Columbus, Indiana

HYGIENE

Shaving cream
Plastic razors
Body Wash
Deodorant
Toothbrush covers
Children's toothbrushes
Chapstick
Ultra-thin maxi pads with wings
Super tampons (with plastic applicator)
Pump hand soap
Bath towels, wash cloths (new or gently used)
Shower caps
Shower caddy
Kleenex (small packages)

BEAUTY AND HAIR

Nail polish remover
Tweezers
Emery boards
Hair brushes
Wide-tooth combs
Hair conditioner
"As I Am" shampoo and conditioner
Hair gel
Smooth gels
Hair oils and creams
Edge Control product
Scalp serum
Hair spray
Hair Mousse
Mascara (new)
Eye liner and other make-up (new)
Satin hair scarves for sleeping

CLOTHING AND LAUNDRY

Collapsible laundry baskets/bags
Laundry detergent HE Pods
Pillows (new)
Adult pajama bottoms
Adult socks (all sizes)
Girls socks for ages 3-4
Non-skid black work shoes (sizes 7, 8, 9)
Umbrellas (new or used)
Reading glasses (new or gently used)
Flip flops
Women's cotton underwear (all sizes)
Adult yoga/sweat pants

HOUSEHOLD AND CLEANING

Trash bags (33 gallon and 13 gallon)
Paper towels
Brooms
Narrow sponge mops
Plastic storage container
Pine Sol or Mr. Clean

OTHER

Gift cards (Walmart Kroger are good)
Baby Monitors (used or new)
Used cell phones and chargers
Canned food
NEW children's backpacks (Fun ones:
 Disney, superhero, characters)